NICKEL BLADES SKATING CLUB





WWW.NICKELBLADES.CA





Follow us on Facebook and Instagram!

Also, the remind app for last minute notifications/reminders!

STAR NEWS

October 11, 2020



IMPORTANT REMINDER\$



Masks MUST be worn at all times (unless on ice)

- 1 Spectator per skater as per City guidelines (do not stay in lobby, find space to be seated and distant in stands)

- Online screening (login to your account) to self-screen for skater(s)
- Must advise Club if positive Covid test or in contact



NBSC won Skate Ontario's September #PDO Challenge!!! Our registered skaters will have a chance to win one of these prizes!!!!

> Schedule Change for Saturdays

Saturday Sessions starting October 17th, 2020 (Coniston Arena): Star 4+: 8:40-10:20 am Pre-Star 3: 10:30 - 11:30 am Canskate: 10:40-11:30 am Updated calendar can always be found on our website at nickelblades.ca

FUNDRAISING <u>Krispy Kreme Donuts:</u> Thank you for your orders! It was a success.

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Bottle Drive and Flip Give: Ongoing Flip Give

Skate Ontario Lottery Books: Will be handed out this week and ongoing



Little Caesars: Due October 24 Zahers Small Batch Hummus: Due October 24



Upcoming: My Mom's Pantry, Christmas Cheer Raffle and More!!!

NBSC PD Program

Welcome to the first month of the Performance Development Program!

Keeping in line with Skate Ontario's season planning, the main theme for October is SKILLS DEVELOPMENT. These sessions focus on technical fundamentals and quality skill development. This will also include a special session geared towards the introduction of a new skill! Additionally, we will be executing our very first CHALLENGE, which will run for 4-6 weeks.

October schedule, group placements, zoom links and any additional information will be sent out this weekend to those that are registered.

The Coaches can't wait to see everyone registered (virtually) on Wednesday, October 14th, 2020. #PDO CHALLENGE

SKATING IS ON for Thanksgiving Monday!!!!

COME GET YOUR GOBBLE ON AT THE RINK!!!

